

AWARDS NIGHT: Our annual awards night took place last Friday 11th November in the Manor West Hotel. Well done to the organising committee. A great night of celebration was had in honour of our athlete's achievements at County, Munster, and National Championships during the past year. Mayor of Tralee, Grace O'Donnell, presented the awards while Eamonn O'Reilly did a great job as Master of Ceremonies. As last year, Claire Fitzgerald won the senior athlete of the year accolade with a huge list of achievements, while Eoin O'Carroll won the juvenile athlete of the year award. Eoin's highlight of the year was captaining the Irish team at the International Schools Track and Field in Cardiff. Special Merit Awards were presented to Michael Godley, David Kavanagh, Sinead O'Connor, Kate Boyd and Patsy O'Connor. We wish all of our athletes every success in 2012.

CROSS COUNTRY RESULTS: Last Sunday the Munster Uneven Age Cross Country took place in Powerstown Racecourse in Clonmel, Co Tipperary. The tough two kilometre circuit with its very long steep hill will be remembered for a long time by a lot of athletes. Our only female competitor, Fiona Kavanagh ran well in a very competitive U15 girls 3500m. Louis Ryle ran a very brave final 500m to finish 8th in the boys U15 3500m which was a great result in his first year of cross country. Our more experienced duo of David Kavanagh and Conor O'Mahony were part of the Kerry team which finished second in the team event in the boys U17 5km. David finished an impressive 5th while Conor came in 13th. There is great credit due to these athletes for the hard training sessions that they are doing at the moment in the most miserable of running conditions. The national uneven ages competition takes place in The Curragh on December 11th. Next up are the Munster B Cross Country Championships in Limerick on November 20th.

TRAINING: Winter training for the moment is for ages U12 and upwards. Training times are 7pm on Tuesday nights in the Green School and 7pm on Thursday nights under lights at the ITT. For all other sessions please contact the coaches.